

# Oma Town

Oma, where people are captivated by the abundance of blessings from the sea, including the coveted natural bluefin tuna! You can enjoy a view of Hakodate across the strait, and there are many marine events to attend♪



Check out the promotional video for Oma Town!

Spring/Summer Edition Autumn/Winter Edition

## #FAVORITE Photo Spot

**Wonderful!**

**#Tuna Cutting Show**

Join the event today! Witness fresh Oma tuna being expertly dissected right before your eyes with astonishing knife skills!

**#ThisIsTheNorthernmostTipOfHonshu! Cape Omazaki B-1**

Famous for its "Single Hook Fishing Monument", a recreation of a 440 kg tuna caught in Oma.

◆ Inquiries: Industry Promotion Division, Oma Town 0175-37-2111  
◆ Access: About 10 min. by car from Oma Ferry Terminal / About 1 hour 15 min. by car from JR Shimokita Sta. / About 1 hour 25 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, right after getting off at "Omazaki"

**#Oma Tuna**

A nationally renowned brand of tuna known for its size and exceptional taste. The three-color tuna bowl featuring fatty tuna, medium-fatty tuna, and lean tuna is especially popular.

*The warbled large fatty tuna is irresistible.*

**#SunsetBeautySpot Akaishi Coast B-2**

Unique scenery featuring rocks of various sizes protruding from the sea, creating a distinctive landscape. It is especially recommended to visit at sunset.

◆ Inquiries: Industry Promotion Division, Oma Town 0175-37-2111  
◆ Access: About 15 min. by car from Oma Ferry Terminal / About 1 hour 20 min. by car from JR Shimokita Sta. / About 1 hour 50 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, about 15 min. on foot after getting off at "Okudo Kuroiwa"



**#EntranceToTheOcean Oma Ferry Terminal B-2**

You might encounter a warm welcome or farewell by local volunteers waving large fishing flags. Inside the terminal, you'll find a wide selection of Aomori souvenirs.

**HEALTHY**

**#OkoppeMojuku**

A natural brand of seaweed made using only the first harvest "Kusa Mozuku" from the Okoppe area. It is characterized by its crunchy texture and stickiness.

◆ Inquiries: Women's Division, Okudo Fishery Cooperative 0175-37-2217

**Stopover Spot B-1**

**Omazaki Souvenir Shopping Street**

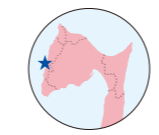
In addition to Oma's famous bluefin tuna, lightly salted sea urchin, and kelp, you can also enjoy tuna dishes at the eateries.



# Shimokita Route Map



## Aomori Shimokita Peninsula Route Map



**Shimokita.Love**  
Hotokegaura/Sai Village

English



# Sai Village

The village, with its continuous breathtaking natural beauty, is full of charm with traditional culture and spiritual energy spots♥ Enjoy seafood delicacies like sea urchin and salmon roe as well♪



Check out the promotional video for Sai Village!

Spring/Summer Edition Autumn/Winter Edition

## #FAVORITE Photo Spot

**DELICIOUS**

**#ShiningLikeJewels Sea Urchin Bowls and Salmon Roe Bowls**

*In Season from November to December!*

*Fresh!*

Luxurious sea urchin rice bowls with a mountain of freshly caught sea urchin, and salmon roe rice bowls overflowing with fresh roe. You'll want to try both!

◆ Inquiries: NPO Tourism Association, Sai Village 0175-38-4515

**#APlaceForRealizingThePreciousnessOfLife Birthplace of Gotaro Mikami B-2**

During the Russo-Japanese War, village doctor Gotaro Mikami saved wounded soldiers regardless of whether they were enemies or allies. The house in which he grew up is preserved and open to the public.

◆ Inquiries: NPO Tourism Association, Sai Village 0175-38-4515  
◆ Access: About 5 min. on foot from Sai Port / About 1 hour 30 min. by car from JR Shimokita Sta. / About 2 hours by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, about 5 min. on foot after getting off at "Sai"

**Fabulous!**

**#MatchmakingPowerSpot Gankakeiwa Rocks B-2**

Two enormous rocks line the cape. Known since ancient times as the "Male Rock" and "Female Rock," they are believed to be rocks for matchmaking.

◆ Inquiries: NPO Tourism Association, Sai Village 0175-38-4515  
◆ Access: About 10 min. by car from Sai Port / About 1 hour and 35 min. by car from JR Shimokita Sta. / About 2 hours by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, about 30 min. on foot after getting off at "Saishako-mae"

**COOL**

**#FukuuraKabuki**

In 1890, a kabuki actor from Kansai taught kabuki to fishermen, resulting in a rare fishing village kabuki that has been passed down for over 130 years.

*Prefectural intangible folk cultural property*

**Stopover Spot B-2**

**Tsugaru Strait Arusas - Cultural Center**

In addition to tourist information and boarding reception for sightseeing boats, there is also a specialty product sales area.

◆ Inquiries: 0175-38-4513  
◆ Access: Right after walking from Sai Port / About 1 hour and a half by car from JR Shimokita Sta. / About 2 hours by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, right after getting off at "Sai"

**Embark on a one-of-a-kind trip!**  
Discover your favorite photo spots while traveling

A wealth of sightseeing information on the Shimokita area!  
Aomori Prefecture Shimokita Peninsula Tourism Portal Site "Shimokita TABI Assist"  
Shimokita TABI Assist website <https://shimokita-tabi.jp> Shimokita TABI Assist Search

#Mutsu #Oma #Higashidori #Kazamaura #Sai  
#Shimokita #Aomori #PhotoSpot #StopOverSpot #LocalGourmetSpecialties  
#Trip #Travel #TravelPhoto #Vacation #Traveler #GururinShimokitaBus #Ferry  
#TravelMemories #Geopark #Nature #Culture #Festivals #Food #HotSprings #ShimokitaPeninsulaQuasi-NationalPark



# Mutsu City

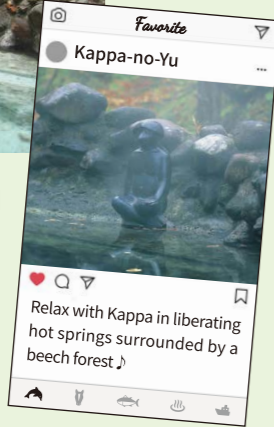
An adventure in the hub city of the Shimokita peninsula!  
Nightscaapes, mountain streams, the sea...many enchanting views await♥  
After visiting the JMSDF Ominato Naval Base, you'll definitely want to try the local gourmet cuisine♪

#FAVORITE  
\*Photo Spot



Check out the promotional video for Mutsu City!

Spring/Summer Edition Autumn/Winter Edition



## #Kappa Legend Hot Springs Okuyagen Onsen C-3

An emerald green hidden hot spring further upstream from Yagen Onsen, which has existed for over 400 years. Legend has it that a kappa helped the monk Jikaku Daishi here.

- ◆Inquires: Okuyagen Shukei Park Rest House 0175-34-2008
- ◆Access: About 50 min. by car from JR Shimokita Sta. / About 35 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, transfer to a reserved demand-responsive taxi at "Ohata Station" (bus sta.) for about 30 min.



## #LandOfDragonGod&MountainAsceticLegends Kawauchi River Gorge Trail B-4

A walking trail along the abundant Kawauchi River Gorge. Highlights include "Ootaki", a waterfall said to be the dwelling place of a dragon god and a training site for mountain ascetics, among other points of interest.

- ◆Inquires: Shimokita Tourist Information Center 0175-34-9095
- ◆Access: About 40 min. by car from JR Ominato Station

## #ImpressiveNavalShipTours C-4 JMSDF Ominato Naval Base

Responsible for the defense and security of the surrounding sea areas north of Aomori Prefecture, including the Tsugaru Strait and the Soya Strait. From April to November, escort ships and other vessels are open to the public on weekends and holidays.  
\*May be canceled due to bad weather or training.



- ◆Inquires: Public Relations Office, General Affairs Division, JMSDF Ominato District Headquarters 0175-24-1111 (ext. 2304)
- ◆Access: About 10 min. by car from JR Ominato Sta. / About 10 min. by JR bus Shimokita Line from JR Ominato Sta., 2 min. on foot after getting off at "Kaijo Jieitai-mae".

### Stopover Spot

Souvenirs here

#### spot 01 D-3 Mutsu Kasamaikan & Masakari Plaza



Mutsu Kasamaikan is a comprehensive facility offering tourism information. Across the street is Masakari Plaza, a tourist and specialty products hall.

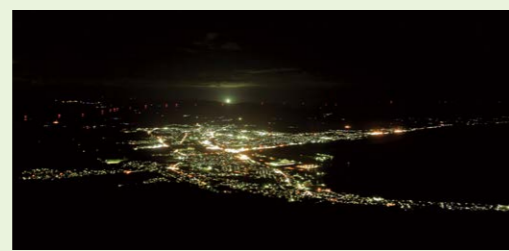
- ◆Inquires: Mutsu Kasamaikan 0175-33-8191, Masakari Plaza Shop 0175-22-9161
- ◆Access: About 10 min. by car from JR Shimokita Sta. / About 10 min. by Shimokita Kotsu bus bound for Osorezan from JR Shimokita Sta., right after getting off at "Masakari Plaza-mae"

#### spot 02 D-4 Shimokita Specialty Center Hokusai Ichiba



A large drive-in known for its freshness and wide selection of products, featuring Mutsu Bay scallops, Oma tuna, dried fish, and other specialties from Shimokita.

- ◆Inquires: 0175-22-3231
- ◆Access: About 10 min. by car from JR Shimokita Sta. / About 10 min. by Shimokita Kotsu bus bound for Noheji from "Mutsu" bus stop, get off at "Omagari", then walk about 5 min



## #Shiny #SwallowTailButterfly Mt Kamafuse Observatory C-4

An observation deck near the summit of Mt. Kamafuse, the highest peak of the Shimokita Peninsula, at an elevation of about 878 meters. It offers a 360-degree panoramic view of Lake Usoriyama, Mutsu Bay, the Hakkoda Mountains, and even Hokkaido.

- ◆Hours: 8:30-21:30 \*Open from late May to early November (subject to snow conditions)
- ◆Inquires: Tourism & City Promotion Division, Mutsu City 0175-22-1111
- ◆Access: About 40 min. by car from JR Shimokita Sta.



## #ForestBathingSurroundedByTrees Yagen Stream C-3

Impressive scenery woven by beech and cypress trees, waterfalls, and rocks. Especially recommended during the seasons of fresh greenery and autumn leaves.

- ◆Inquires: Shimokita Tourist Information Center 0175-34-9095
- ◆Access: About 50 min. by car from JR Shimokita Sta. / About 35 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, transfer to "Ohata Station" (bus sta.), about 25 min. by demand-responsive taxi

## #PanoramicViewOfOminato Kaibokan (Ocean View Observation Deck) C-4

An observation deck offering panoramic views of the cityscape of Ominato, Ashizaki Bay, and Maritime Self-Defense Force ships from an elevation of about 55 meters. The adjacent "Andokan" also sells navy and Maritime Self-Defense Force merchandise.

- ◆Hours: 10:00-20:00
- ◆Inquires: Andokan 0175-29-3101
- ◆Access: About 10 min. by car from JR Ominato Sta. / About 10 min. by JR bus Shimokita Line from JR Ominato Sta., 5 min. on foot after getting off at "Kaijo Jieitai-mae".

## Local Gourmet Specialties

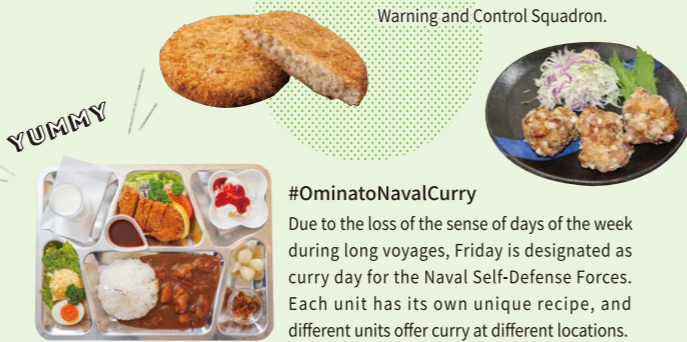
Try local gourmet specialties inspired by the Naval Self-Defense Forces and the Air Self-Defense Forces at restaurants in the city, and feel like a member of the Self-Defense Forces!

### #OminatoNavalCroquette

A recreation of the croquette originating from the Former Navy Unit in Ominato! Fried in beef fat for a delicious crispy texture.

### #OminatoSoraKara!

Fried chicken made with specially selected Shimokita ingredients. A popular menu item enjoyed at the Air Self-Defense Forces' 42nd Airborne Warning and Control Squadron.



### #OminatoNavalCurry

Due to the loss of the sense of days of the week during long voyages, Friday is designated as curry day for the Naval Self-Defense Forces. Each unit has its own unique recipe, and different units offer curry at different locations.

Check out the "Shimokita Geopark Photo Spot" Atagoyama Park on the back too!

# Higashidori Village

Take a stroll surrounded by magnificent nature dotted with geopark photo spots♪  
Enjoy the charming Kandachime horses and local cuisine to soothe your heart♥

#FAVORITE  
\*Photo Spot



Check out the promotional video for Higashidori Village!

Spring/Summer Edition Autumn/Winter Edition



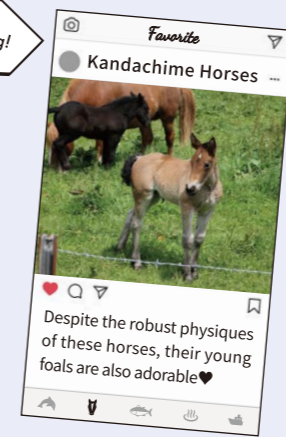
## #OneOf16AccessibleLightHousesNationwide Cape Shiriyazaki and Kandachime Horses E-2

Shiriyazaki overlooks the Tsugaru Strait and the Pacific Ocean. From the lighthouse observation deck, you can enjoy a 360-degree view, and around the surrounding pasturelands, you'll find native Kandachime horses grazing.

- ◆Inquires: Commerce & Tourism Division, Higashidori Village 0175-27-2111
- ◆Access: About 45 min. by car from JR Shimokita Sta.

## #HigashidoriSoba D-4

The soba flour produced in Higashidori Village, cultivated to leverage the cool climate, boasts rich flavor. Ground with a stone mill and handcrafted without any binding agents, these 100% soba noodles offer exceptional deliciousness.



## #ImportantIntangibleFolkCulturalPropertyOfJapan Shimokita Noh Dance

A typical shugen-noh incorporating various medieval performing arts. The village is rich in folk performing arts such as Kagura, Shishimai, and mochi-pounding dances.



#HigashidoriBeef  
Born and raised in Higashidori Village, it boasts a delicate marbling and exquisite texture.



## #AncientStrata Northern Coastal Area D-3

Stretches east to west from Ishimochi Fishing Port facing the Tsugaru Strait. Along the coastline, strata dating back approximately 120,000 years can be observed.

- ◆Inquires: Shimokita Geopark Promotion Council Secretariat (Inside Geopark Promotion Division, Mutsu City) 0175-22-1111
- ◆Access: About 30 min. by car from JR Shimokita Sta.

## Stopover Spot D-3 Noushigawa Rest House

Offers a wide selection including Higashidori Beef, blueberry soft-serve ice cream and jam, and 100% buckwheat soba noodles.

- ◆Inquires: 0175-28-5203
- ◆Access: About 35 min. by car from JR Shimokita Sta.

# Kazamaura Village

Soak in the seaside hot springs that have been around since the Muromachi period, and be captivated by the fishing fires at night♥  
Indulge in fresh local cuisine while enjoying an extraordinary experience♪

#FAVORITE  
\*Photo Spot



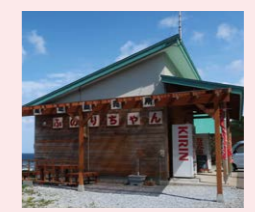
Check out the promotional video for Kazamaura Village!

Spring/Summer Edition Autumn/Winter Edition



## #FantasticalSceneryOverTheStrait Fishing Fires C-2

A summer to autumn tradition. Squid fishing fires line the Tsugaru Strait, illuminating the sea with a bluish-white light. After gazing at the fantastical sight, indulge in freshly caught live squid sashimi.



## #TheOneAndOnlyDirectSalesFacilityInTheVillage Direct Sales Shop "Funori-chan" B-2

Sells mainly seaweed products from Kazamaura Village, which are not often seen in supermarkets, among other marine products. \*Open only on Saturdays and Sundays from mid-April to early November

## #FunoriKelp

The village's specialty, kelp nurtured by severe cold, is enjoyed as a snack accompanying salted fermented fish, tempura, and in miso soup, among other dishes. The hands-on tours from early February to late March are also recommended.



## Stopover Spot B-2 Banyameshi

A variety of seasonal seafood set meals and rice bowl dishes are available, offering abundant seafood cuisine at affordable prices.

- ◆Inquires: 0175-35-2865
- ◆Access: About 1 hour 5 min. by car from JR Shimokita Sta. / About 1 hour 20 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, right after getting off at "Banya-mae"

## #TheNorthernmostHotSpringTownInHonshu C-2 Shimofuro Onsenkyo Hot Spring Village



A traditional hot spring with records dating back to the Muromachi period.

- ◆Inquires: Industry & Construction Division, Kazamaura Village 0175-35-2111
- ◆Access: About 50 min. by car from JR Shimokita Sta. / About 55 min. by Shimokita Kotsu bus bound for Sai from "Mutsu" bus stop, right after getting off at "Shimofuro"

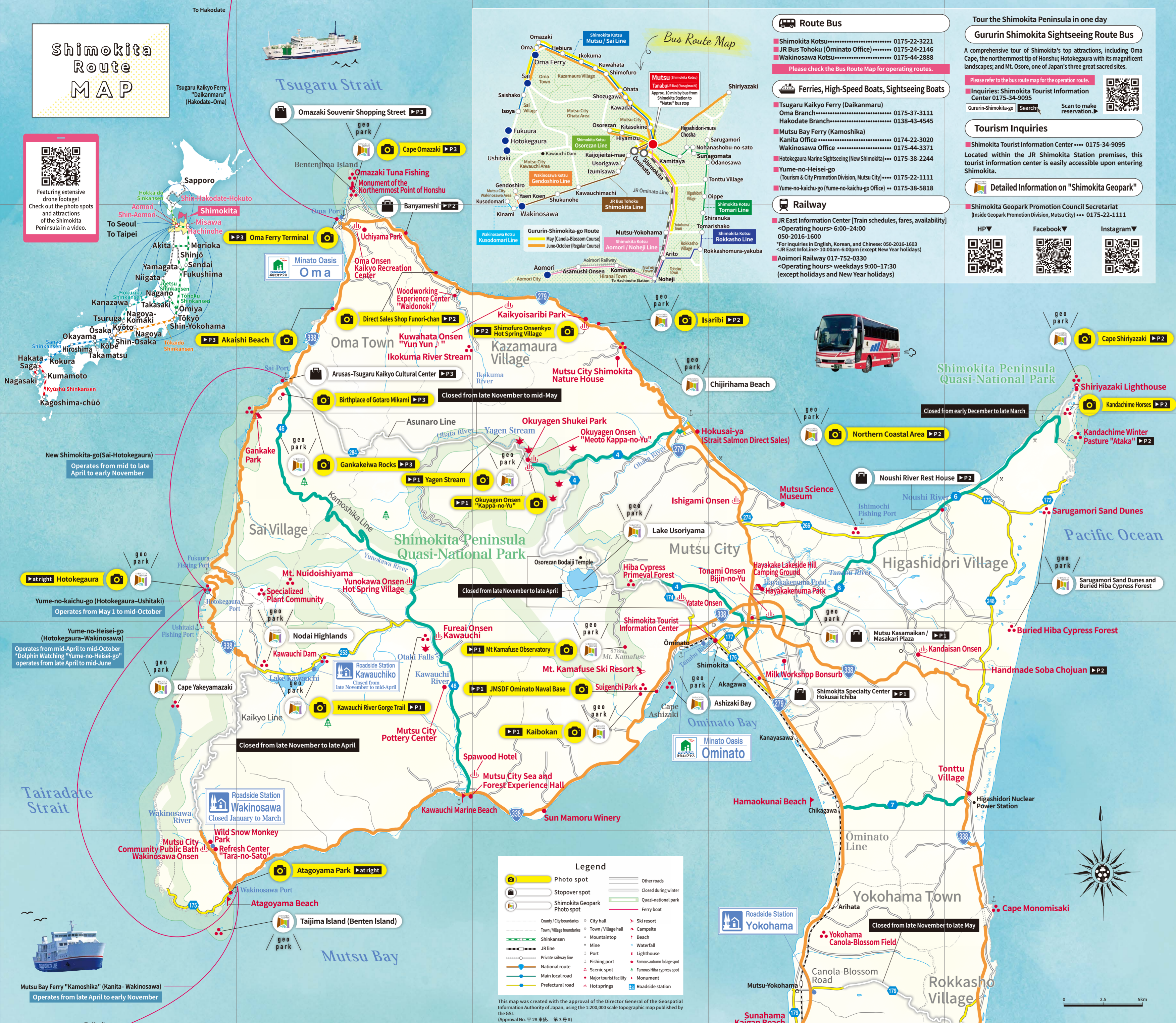
## #KazamauraMonkfish

Fished using "Soranawa fishing" and "fixed gill-net fishing," traditional methods in which most of the catch is brought up alive.

# Shimokita Route MAP



Featuring extensive drone footage! Check out the photo spots and attractions of the Shimokita Peninsula in a video.



### Legend

	Photo spot		Stopover spot		Shimokita Geopark Photo spot
	County/City boundaries		Other roads		Ski resort
	Town/Village boundaries		Quasi-national park		Beach
	Shinkansen		Waterfall		Lighthouse
	JR line		Fishing port		Famous autumn foliage spot
	Private railway line		Scenic spot		Famous Hiba cypress spot
	National route		Major tourist facility		Monument
	Main local road		Hot springs		Roadside station
	Prefectural road				

This map was created with the approval of the Director General of the Geospatial Information Authority of Japan, using the 1:200,000 scale topographic map published by the GSI. (Approval No. 平 28 東 第 3 号 目)

## Route Bus

- Shimokita Kotsu ..... 0175-22-3221
  - JR Bus Tohoku (Ominato Office) ..... 0175-24-2146
  - Wakinowska Kotsu ..... 0175-44-2888
- Please check the Bus Route Map for operating routes.

## Ferries, High-Speed Boats, Sightseeing Boats

- Tsugaru Kaikyo Ferry (Daikanmaru) Oma Branch ..... 0175-37-3111
- Hakodate Branch ..... 0138-43-4545
- Mutsu Bay Ferry (Kamoshika) Kanita Office ..... 0174-22-3020
- Wakinowska Office ..... 0175-44-3371
- Hotokegaura Marine Sightseeing (New Shimokita) ..... 0175-38-2244
- Yume-no-Heisei-go (Tourism & City Promotion Division, Mutsu City) ..... 0175-22-1111
- Yume-no-kaichu-go (Yume-no-kaichu-go Office) ..... 0175-38-5818

## Railway

- JR East Information Center (Train schedules, fares, availability) <Operating hours> 6:00-24:00 050-2016-1600
- \*For inquiries in English, Korean, and Chinese: 050-2016-1603 <JR East Info Line> 10:00am-6:00pm (except New Year holidays)
- Aomori Railway 017-752-0330 <Operating hours> weekdays 9:00-17:30 (except holidays and New Year holidays)

## Tour the Shimokita Peninsula in one day

### Gururin Shimokita Sightseeing Route Bus

A comprehensive tour of Shimokita's top attractions, including Oma Cape, the northernmost tip of Honshu; Hotokegaura with its magnificent landscapes; and Mt. Osore, one of Japan's three great sacred sites.

Please refer to the bus route map for the operation route.

Inquiries: Shimokita Tourist Information Center 0175-34-9095

Gururin-Shimokita-go Search Scan to make reservation

## Tourism Inquiries

Shimokita Tourist Information Center ..... 0175-34-9095

Located within the JR Shimokita Station premises, this tourist information center is easily accessible upon entering Shimokita.

## Detailed Information on "Shimokita Geopark"

Shimokita Geopark Promotion Council Secretariat (Inside Geopark Promotion Division, Mutsu City) ..... 0175-22-1111



# SHIMOKITA Geopark

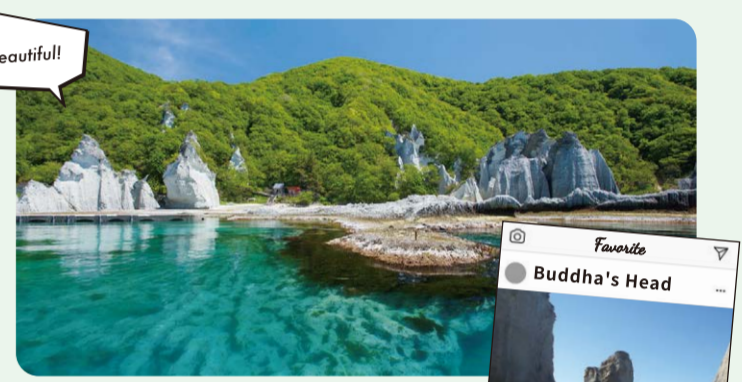
Living with the Sea: The Land of "Masakari" The Northernmost Geopark of Honshu

The term "geopark" combines the words "geo", meaning earth, and "park." It refers to an initiative for creating sustainable communities by preserving and utilizing valuable geological heritage and regional resources that reveal the Earth's history. With the three pillars of "education and research," "protection and preservation," and "economic activities," the aim is to foster individuals who deeply understand their homeland, build regional identity, and promote sustainable societies.

The unique features and specialties of a region are shaped by its distinctive terrain, climate, and ocean currents. By observing and experiencing these elements firsthand, one can feel the connection between the land, nature, and human activities. Enjoy the stories based not only on the terrain and geology but also on the local people's way of life, ecosystems, historical culture, and cuisine.



## Shimokita Geopark Photo Spot



#PowerfulNaturalBeauty Hotokegaura A-3

A mystical landscape reminiscent of paradise with rows of massive and unusual rock formations. Designated as a national scenic spot and natural monument.

Inquiries: NPO Sai Village Tourism Association 0175-38-4515

Access: Approx. 2 hours by car from JR Shimokita Sta. / Approx. 2 hours by Shimokita Kotsu Bus bound for Sai from the "Mutsu" bus stop, 2 min. walk from the "Sai" stop, and about 30 min. by sightseeing boat from Sai Port



#PanoramicViewOfMutsuBayAndTaijimaIsland Atagoyama Park A-5

Located on a small hill west of Wakinowska Port, it offers a spectacular view of Mutsu Bay. In spring, cherry blossoms and azaleas are in full bloom.

Inquiries: Shimokita Tourist Information Center 0175-34-9095

Access: Approx. 10 min. walk from Wakinowska Port / Approx. 55 minutes drive from JR Ominato Sta. / Approx. 1 hour and 5 min. by JR Bus Shimokita Line from JR Ominato Sta., then a 5 min. walk from the "Wakinowska"

